

Enhanced Primary Mental Health Service Redesign Group Meeting

Thursday 6 March 2008
St Paul's, Slippers Hill, Hemel Hempstead HP2 5XY

Notes

1. Present

| | | |
|------------------|------------|--|
| Judith Watt | HPFT | judith.watt@hertspartsft.nhs.uk |
| Rob Asplin | HPFT | rob.asplin@hertspartsft.nhs.uk |
| Lyn Eng | HPFT | lyn.eng@hertspartsft.nhs.uk |
| Margaret Drake | HPFT | margaret.drake@hertspartsft.nhs.uk |
| Dr Michael Drake | GP | janedrake2@btopenworld.com |
| Sue Bloch | Counsellor | blochsue@hotmail.com |
| Lisa Harley | Counsellor | lh1962@O2.co.uk |
| Dr Bernie Tipple | GP Lead | bernie.tipple@nhs.net |
| Suzanne Novak | PCT | suzanne.novak@herts-pcts.nhs.uk |
| Dr Mary McMinn | DacCom | mary.mcminn@nhs.net |

2. Apologies

| | | |
|---------------|-----|--|
| Steve Malusky | JCT | steve.malusky@hertsgov.uk |
|---------------|-----|--|

3. Minutes of Previous Meeting

Corrections:

- Ian Scammell is no longer involved in this group
- Mental Health was not discussed at the GP Clinical Governance Leads' meeting on 5 March
- STAR workers are trained but unqualified. They may have social work in their backgrounds. There will be social workers in the team, who are likely to be the link workers
- Graduate mental health workers are now called primary mental health workers
- Amendment to Margaret Drake's email address to Herts Parts format

Matters arising:

- Lyn Eng was going to look at web-based CBT, but her PC was stolen and she was unable to find the link she had previously used. She has come across other information, such as 'livinglifetothefull.com'. There was feedback from the GPs present on the various types of information mentioned. "Beating the Blues" and "Fear Fighter" were discussed. Primary mental health workers are using 'Beating the Blues' on their laptops. Lyn will circulate the BACP Review 2006 electronically.

4. Feedback from meetings

DacCom Executive: 14 February

Bernie mentioned that there was some confusion over funding. The JCT is the commissioner – it holds the contract with HPFT. Suzanne explained that the PCT had delegated its responsibility for joint commissioning to the JCT. All services have to go back to the PCT for contractual sign-off. The JCT equals the PCT *plus* Adult Care Services. [This set-up is unique to Hertfordshire.]

Judith confirmed that longer term funding comes out of secondary care monies. In some areas this will be released over 1 year; in others over 18 months to 2 years (i.e. until the end of the HPFT contract). So there are no long term cost pressures. But it needs to be clear that there is a robust secondary care service, and this needs to be monitored.

GP Locality: 21 February

Bernie reported that the proposal was well received. There were some questions.

Referral criteria were asked for – this will be drawn up. Referral ages will be those > 18 years and < 65 years. Judith explained that the service should be age-inclusive but the funding from the JCT is for adults of working age. They are trying to identify the scope of the service. There is to be a Senior Management Review of secondary care. The plan is to separate out dementia, which requires separate specialist care, from functional illnesses, which will be dealt with in the community.

There was concern about SPOC (single point of contact). This was discussed at some length. Written referrals will be accepted; informal contacts and discussion will also be encouraged. Link workers and counsellors working in the practices will discuss referrals with GPs.

Judith suggested that key workers should get together with those involved in the St Albans and Watford schemes, which are already up and running, to have a conversation as to how the schemes work.

Sue pointed out that the counsellors, as independent practitioners, need to be paid for triaging work.

Judith mentioned that the DH targets are 40 therapists for a population of 250,000. This would mean 120 therapists for the whole of Hertfordshire – the 'weighted population' figure for Hertfordshire is apparently 750,000.

5. JCT Update on Pump Priming

In Steve's absence, this was deferred to the next meeting.

6. Cheere House Meeting on 22 April

Richard Gallow has sent Bernie a draft timetable and timings.

After discussion, the following topics were agreed:

- Background
- What the new service would look like
- How it is working elsewhere – the Tring link worker is to talk
- Questions about accessing the service
- Referral criteria

A flyer is to be sent out by 19 March.

7. EPMHS Business Case to PBC Governance Subcommittee on 29 April

- Following the PBC Governance Subcommittee meeting on 4 March, business cases now need PCT Human Resources approval – in addition to the approval also required from the other 4 departments (Acute Commissioning, Finance, Public Health and Corporate Services) of the PCT
- The service will use new funding from growth
- Bernie asked Mary to get the necessary forms done

8. Next steps

- Dacorum EPMHS Business Case to go the next PBC Governance Subcommittee for approval
- HPFT and the Dacorum counsellors to meet to discuss patient pathways
- Judith to confirm the Pump Priming funding from the JCT
- Judith will circulate the evaluation of other pilots (requested at the DacCom Executive meeting) and IAPT project results
- Judith, Bernie, Mary and Mark Jones are to meet
- Bernie will circulate the draft agenda for the Cheere House meeting and other members of the group will publicise this meeting
- Lyn will send out a review of 'free to access' CBT on the web and criteria of referral to CBT

9. Future meeting dates arranged so far:

- **Next meeting: Tuesday 8 April, at 12 midday**
- Tuesday 13 May 12 midday
- Tuesday 10 June
- Tuesday 8 July
- Tuesday 5 August
- Tuesday 9 September

All at St Paul's, Slippers Hill